

Nut KentAW2627 Kent TKAT Autumn Winter 2026 2027

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 May Contain
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 No Information

Menu Item	Recipe Code	Sub Recipe Codes	Portion Size (g)	Carbohydrate Count	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide and Sulphites
50/50 Long Grain & Wholemeal Rice	PRISD84	PRISD84	106.00	34.00g														
Apple Crumble	PRID242	PRID237, PRID242	78.00	28.08g														
Baked Beans	PRISD22	PRISD22	50.00	6.75g														
Baked Potato	PRISD55	PRISD55	187.50	42.38g														
Beef Bolognese (APP)	PRIB48	PRIB48	121.50	7.71g														
Beef Tortilla Stack (APP)	PRIB40	PRIB40	141.57	13.89g														
Bidfood Tomato Ketchup	PRISD14	PRISD14	10.00	2.86g														
Cabbage	PRISD35	PRISD35	50.00	1.60g														
Carrots	PRISD28	PRISD28	50.00	3.00g														
Cheese and Crackers	PRID272	PRID272	41.00	11.18g														
Cheese and Pepper Whirl	PRIV27	PRIV160, PRIV27	92.88	16.50g														
Cheese and Tomato Pizza	PRIV231	PRIV231	102.58	30.35g														
Cheese Filling for Jacket Potato or Sandwich	PRIV85	PRIV85	20.00	0.02g														
Cheesy Bean Puffs	PRIV191	PRIV191	102.92	27.74g														
Chefs Pass Gravy	PRISD118	PRISD118	63.24	2.88g														
Chicken & Sweetcorn Pie with a Puff Pastry Top	PRIC21	PRIC21	128.35	14.66g														
Chicken and Bean Fajitas with Wheat Tortilla	PRIC115	PRIC115	136.60	21.71g														

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Chicken and Sweetcorn Meatballs	PRIC105	PRIC105	60.00	3.91g														
Chips (Fryer or Oven)	PRISD5	PRISD5	83.40	29.44g														
Chocolate Brownie	PRID249	PRID249	57.70	18.84g														
Chocolate Sauce	PRID3	PRID3	80.00	8.32g														
Creamy Chickpea and Coconut Curry	PRIV303	PRIV303	186.46	21.19g														
Crushed Potatoes	PRISD108	PRISD108	91.50	13.41g														
Custard Sauce	PRID2	PRID2	77.14	8.15g														
Freshly Chopped Fruit	PRID223	PRID223	43.20	3.36g														
Fruit Medley	PRID224	PRID224	45.80	4.38g														
Fruit Platter	PRID225	PRID225	41.10	2.98g														
Garlic Flavoured Bread (Made)	PRISD50	PRISD50	17.08	8.08g														
Gingerbread Cookie	PRID267	PRID267	30.19	16.51g														
Golden Syrup Snap	PRID219	PRID219	27.75	15.19g														
Green Beans	PRISD24	PRISD24	50.00	2.00g														
Hot Dog Bun	PRISD187	PRISD187	50.00	25.75g														
Jamaican Ginger Cake	PRID265	PRID265	49.47	20.17g														
Kerrymaid Double Cream	PRID229	PRID229	50.00	0.85g														

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Lentil and Sweet Potato Curry	PRIV108	PRIV108	226.66	26.49g	○	◐	○	○	○	○	○	○	○	○	○	○	○	○
Local Butcher Chicken HALAL Sausage-Check allerg	PRIC6	PRIC6	42.50	4.47g	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Local Butcher Pork Sausage-Check allergens	PRIP3	PRIP3	42.50	4.47g	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Macaroni Cheese - No Mustard	PRIV318	PRIV318	164.00	42.19g	○	●	○	○	○	○	●	○	○	○	○	○	○	○
MSC Pollock Fish Fingers	PRIF6	PRIF6	65.25	13.05g	○	●	○	○	●	○	○	○	○	○	○	○	○	○
MSC Salmon Fish Fingers	PRIF1	PRIF1	65.23	13.51g	○	●	○	○	●	○	○	○	○	○	○	○	○	○
New Potatoes (Steamed or Boiled)	PRISD2	PRISD2	120.00	17.88g	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Oaty Cookies	PRID85	PRID85	32.67	18.00g	○	●	○	○	○	○	○	○	○	○	○	○	○	○
OBC Syrup Sponge	PRID197	PRID197	52.22	20.46g	○	●	○	●	○	○	○	○	○	○	○	○	○	○
Paprika Wedges	PRISD81	PRISD81	90.40	20.34g	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Pear Crumble	PRID236	PRID236, PRID237	78.00	26.84g	○	●	○	○	○	○	○	○	○	○	○	○	○	○
Peas	PRISD18	PRISD18	50.00	5.60g	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Potato Wedges (Made & Oven Baked)	PRISD6	PRISD6	90.04	20.34g	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Quorn Vegan Cumberland Sausage	PRIV167	PRIV167	50.00	6.50g	○	●	○	○	○	○	○	○	○	○	○	○	○	○
Roast Chicken Fillet	PRIC4	PRIC4	45.40	0.04g	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Roast Chicken Thigh (Boneless)	PRIC5	PRIC5	62.25	0.00g	○	○	○	○	○	○	○	○	○	○	○	○	○	○
Roast Gammon	PRIP5	PRIP5	42.60	0.00g	*	*	*	*	*	*	*	*	*	*	*	*	*	*

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Roast Quorn Vegan Fillet	PRIV204	PRIV204	58.00	2.84g														
Skin On Roast Potatoes	PRISD82	PRISD82	68.04	15.27g														
Spaghetti	PRISD8	PRISD8	124.00	39.06g														
Sticky Toffee Apple Crumble	PRID243	PRID237, PRID243	79.26	29.53g														
Strawberry Jelly with Mandarins	PRID235	PRID235	169.43	5.49g														
Stuffing	PRISD40	PRISD40	31.64	1.82g														
Swede	PRISD21	PRISD21	50.00	1.15g														
Sweetcorn	PRISD19	PRISD19	43.50	6.05g														
Tomato Arrabiata and Butterbean Pasta Sauce	PRIV188	PRIV188	160.97	10.95g														
Tomato Pasta Sauce	PRIV225	PRIV225	152.60	6.06g														
Tuna Mayonnaise Filling	PRIF11	PRIF11	47.60	1.36g														
Vegan Soya Bolognese	PRIV233	PRIV233	143.17	8.80g														
Vegan Soya Chilli	PRIV309	PRIV309	185.96	12.35g														
Vegetable Fajitas with Wheat Tortilla	PRIV324	PRIV324	137.67	25.12g														
Vegetable Lasagne	PRIV44	PRIV44	199.65	24.12g														
Vegetable Medley	PRISD102	PRISD102	48.44	4.67g														
Vegetarian Wellington	PRIV232	PRIV232	112.76	24.34g														

Nutrition Plan with Carbohydrates and Allergens

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Wholemeal Vegetable Pasta Bake	PRIV73	PRIV73	321.60	45.28g	○	●	○	○	○	○	○	○	○	○	○	○	○	○
Wildfarmed Margherita Pizza	PRIV346	PRIV346	93.33	34.28g	○	●	○	○	○	○	●	○	○	○	○	○	○	○