



# SEN & Wellbeing Newsletter

## Term 5

### Meet the Lower Halstow School Inclusion Team

There have been a few staff changes in recent months so here is a who's who in our Inclusion Team.



**Mrs Hunt**  
Inclusion  
Manager



**Mrs Beer**  
Well-being  
Lead



**Mrs Harrington**  
Speech and  
Language Lead

We are always happy to speak with you regarding any concerns you may have. Please telephone or email the office for an appointment.

### Referral Criteria

For the majority of children with SEN, needs can be met through the implementation of 'Mainstream Core Standards'. These are interventions and strategies that are universal or targeted and can be utilised in any classroom. For a very small minority difficulties may persist despite ongoing intervention and support. We may then advise a meeting with the class teacher and Inclusion Manager to discuss next steps which may include a referral to the paediatrician or other specialist.

In January the Local Health Authority revised the criteria for referrals. This included:

- Difficulties need to be significant and prevalent in school as well as at home.
- The school requires at least 2 full terms of evidence showing the impact of interventions already in place
- The NHS will NOT take referrals for children for ASD in the Reception Year.
- The NHS will only take referrals for ADHD after the age of 6.
- Referrals are seen in strict date order and cannot be prioritised under any circumstances.
- Will only accept Year 6 referrals until the end of the autumn term.

### Parent Courses

The Midas centre at Meadowfields School and Kent Adult Education offer courses for parents on a range of subjects such as 'Managing behaviour', ASD, ADHD, 'Secondary Transfer' and 'Supporting Sleep difficulties. Please use the following links for further information

[Parent-Carer-Brochure-2023-2024.pdf](https://www.meadowfield.kent.sch.uk/Parent-Carer-Brochure-2023-2024.pdf)  
([meadowfield.kent.sch.uk](https://www.meadowfield.kent.sch.uk))

[Parenting courses Kent](#) | [Family courses in Kent](#) | [Kent Adult Education](#)

In addition local support groups can be found by contacting the following:

### **ADHD Sheppey**

07968023050 [info@adhdsheppey.com](mailto:info@adhdsheppey.com)  
<https://www.adhdsheppey.com/>

### **SWALE Spectrum**

<https://www.facebook.com/groups/500297213688240/>  
[swalespectrum@hotmail.com](mailto:swalespectrum@hotmail.com)

### Spotlight on 'Zones of Regulation'

Zones of regulation are a visual tool that we use in all classrooms to help children understand their emotions.



The children are supported to identify the zone in which their emotions fall. Being able to recognise their own emotions is an important step in being able to self-regulate and use strategies to help them overcome these feelings for example.....

