

## Yearly PE Topic Overview – Based on PE Hub Scheme

PE HUB LOGIN – [office@newington.kent.sch.uk](mailto:office@newington.kent.sch.uk) Password: Newington2019

YEAR	TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
<b>R</b>	Gymnastics	Dance	From PE Hub Body Management	Speed Agility Travel	Manipulation and Coordination	Cooperate and Solve Problems
<b>1</b>	Run, Jump, Throw	Attack, Defend and Shoot	Gymnastics	Dance	OAA	Hit, Catch, Run 1 <sup>ST</sup> Lesson. Send & Return 2 <sup>nd</sup> Lesson
<b>2</b>	Run, Jump, Throw	Attack, Defend and Shoot	Gymnastics	Dance	OAA	Hit, Catch, Run 1 <sup>ST</sup> Lesson. Send & Return 2 <sup>nd</sup> Lesson
<b>3</b>	Tag Rugby	Netball	Gymnastics	Dance	OAA	Rounders / Cricket
<b>4</b>	Tag Rugby Rounders	Lacrosse Netball	Gymnastics	Dance Cosmic Yoga	Hockey Tennis	Cricket OAA
<b>5</b>	Tag Rugby	Netball & Hockey	Gymnastics	Dance & Indoor Athletics	Tennis	Athletics / Bat and Ball
<b>6</b>	Tag Rugby	Hockey	Netball Gymnastics	Disability Sports including Kim-Ball, seated volleyball Yoga	Bat and Ball OAA Rounders	Tennis Athletics